

# SAVING FACE

What's taking off in skin care

## My Favorite Things

SIDNEY CRAMER, a paramedical esthetician and owner of Spa Sidney in Long Beach and Palos Verdes, California, attended the International Esthetics, Cosmetics & Spa Conference in Las Vegas last June. We asked him to test drive some of the products that interested him and report to us.



**1 KISS ME MASCARA** won't smear or run because the liquid dries to a solid. The mascara comes off in small tubes when you're ready to remove it. The kit also contains a battery-operated eyelash curler that heats up to hold a curl.

**2 I COLONIALI DEEP MASSAGE BODY CREAM** contains encapsulated myrrh, a moisturizing plant herb once used on the Egyptian pharaohs during the mummification process. This body moisturizer has a rich, buttery feel with the relaxing aroma of myrrh. I'd use it for hand massage and recommend it for home care.

**3 COMFORT ZONE HYDRAMEMORY FLUID 24H** contains trehalose, a hydro-active sugar derived from desert plants, such as evening primrose, that bloom even in the most arid conditions. This serum not only provides hydration for thirsty skin, but it also feels and smells great.

**4 ICE TONER** forms a sherbet, ice-like formation when sprayed onto a mask or cloth. It contains botanical extracts like aloe vera gel to soothe the skin, natural moisturizers like sodium hyaluronate, and natural wound healing ingredients to provide that soothing, healing, rejuvenating feel. I'd use the mask in the spa after waxing and microdermabrasion to provide instant cooling comfort.

**5 GUINOT TIME RELEASE YOUTH BOOST SKIN MATRIX COMPLEX** works around the clock for 14 days. The Cellulaire serum helps rejuvenate skin at night while the Tissulaire serum restores radiance during the day. I think the notion that the body has a rhythm tied to the sun and moon is a trend in skin care.

**6 LE FLEUR NUTRI-PHASE MASK** gives great lift. Mixed with water, the colloidal mask provides superior compression that improves circulation, drains lymph and nourishes the skin. I'd also recommend Essential Oil Replacement and After Treatment Cream.